



The Most Holy Trinity

Sunday, June 7, 2020

Gospel Reflection

According to Pope Francis, how did God reveal himself as the Trinity? Could we be listening for “good ideas and inspirations” that relate to our own spiritual needs and to our planet’s virus and creation crises? - Anne Osdieck

"Let us recognize that God is not something vague. Our God is not a God “spray,” he is tangible; he is not abstract but has a name: “God is love.” His is not a sentimental, emotional kind of love but the love of the Father who is the origin of all life, the love of the Son who dies on the cross and is raised, the love of the Spirit who renews human beings and the world. ... The Most Holy Trinity is not the product of human reasoning but the face with which God actually revealed himself, ... walking with humanity, ... with his people in the history of Israel, and Jesus who has always walked with us and promised us the Holy Spirit who is fire, who teaches us everything we do not know, and guides us from within, gives us good ideas and good inspirations." - [Pope Francis, Angelus, May 26, 2013](#)



BUDDY PHONE CHAIN

Do you live alone or are in a circumstance which tends to isolate you? Think... Corona Virus isolation. If so, you may want to consider joining our "Buddy Phone Chain," a lively group of parishioners who regularly receive a reassuring phone call, and then make a call to a buddy in the phone chain. This a quick, non-intrusive way to feel safer and to check-in with someone you know. Your peace of mind costs nothing and only takes a few minutes each week.

If you are interested, please call our "Buddy Phone Chain" coordinators, Diane Wienkauf at (650) 416-4741 or Fr. Paul at (415) 664-8481 to sign up or for more information.

A FAITH RESPONSE TO THE CORONA VIRUS

*** A SPIRIT OF SACRIFICE ***

This health crisis is challenging many of us to make sacrifices in our lives. Some are huge, such as those made by exhausted health care workers around the world, desperately trying to keep patients alive (while avoiding the illness themselves).

Our sacrifices fall more in the category of inconveniences when events are canceled, schools close, and travel is limited. It is inconvenient to wash your hand intentionally and regularly.

But this kind of sacrifice is at the very center of our faith. Every time we gather around the Lord's Table, we celebrate the powerful way Christ showed us how to love others. He sacrificed *everything* in self-giving love for us, and he invited us to do the same. In turn, we die to ourselves – through inconveniences and more – in order to love those around us. Truly loving others will always cost something.

Actions that may not entirely make sense to us can have huge effects. Scientists point to the 1918 flu when St. Louis proactively and aggressively closed its schools to prevent infections. Death rates in the city were about one third those in Pittsburgh, which was much slower to close its schools. Thousands of lives were saved.

We may grumble about or resist changing our habits, especially if it's unclear what's in it for us. But we need to remember that many of these actions are more about protecting others. Perhaps the invitation amidst this crisis is to embrace the inconveniences fully, and then move beyond them to seek out the best ways to serve those who are most in need.

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NEED A PRAYER?

W E ' L L S A Y O N E F O R Y O U

Please call the Parish Office at 415-664-8481 and we will add you or someone you know to our prayer list.



**FAITH AT
HOME**

Family Resources for Catholics in Lockdown Times

As we adjust to the lockdown and its phases and eventually its aftermath, a wealth of resources for families, updated weekly, is available on the Archdiocesan website <https://www.sfarch.org/covid> from the Office of Marriage and Family Life. Recent updates include information on conferences for Catholic women, marriage enrichment for couples, help for couples struggling with infertility, and resources for parents concerned about social media and their children.

Spiritual Resources

As a member of the Parish you can avail yourself of www.formed.org (parish access code: RZDPQZ). This resource will provide you with access to thousands of movies, programs and other material that we believe will be of spiritual comfort and guidance during this time.

HELP US UPDATE OUR EMAIL LIST

If you know anyone who would like

to receive these weekly emails,

please call the Parish Office at 415-664-8481

or email Jessica Montgomery at jessica_montgomery@stcecilia.com.

Please provide a first and last name along with an

email address.

Please visit the Parish website at www.stcecilia.com for weekly updates and to view our daily 9:00 AM Mass at <http://cdn.audiovideoweb.com/lnks/play/8c3flslive2083>. If you have any questions contact the Parish Office at 415-664-8481.